



The Sabbath Truth And How To Keep It Part 2

Last week we went through a lot of information concerning the 7th day Sabbath of Yahovah God our Father. We looked at the commandment itself in Exodus 31:13 through 17, and we looked at the historical facts concerning the Roman Catholic church and how it by the power invested in it by itself.. was indeed the entity that changed Gods holy, sanctified, commanded, 7th day Sabbath from the 7th day of the week to the first day of the week.

We not only learned that it was the Roman Catholic church that changed Gods 7th day Sabbath, but it was also this same Roman Catholic church that has changed all of Gods feast days, precepts, commandments, Sabbaths, and appointments including but not limited too.. even Gods ten commandments.

So we know historically who it was that changed Gods 7th day Sabbath to the first day of the week, and we also looked at why they did it. And we also looked at the fact that the Roman Catholic church is pointed to time and time again through out the scriptures as being the one who would change the times and the laws of Yahovah our Father.

We showed you the commandment, and some of the historical documentation, and the reasons why, and how they've done this.. and we even showed you proof of who a true Christian really is according to the scripture, and that according to the scriptures anyone who believes and has faith in the Messiah Yahshua and walks in his ways and has picked up their cross to follow after him has indeed been grafted into "The House of Israel".

And therefore what is commanded to Israel... is indeed commanded to all who are part of her.

We've shown you the importance of the commandment and that it is indeed a sign between our Heavenly Father and us, and the dangers of not keeping his 7th day Sabbath.

We talked about how important that it is in these last days for us to be keeping his commandments, his precepts, his appointments, and his Sabbaths.

And today we're going to talk about some of the more heated questions concerning our Fathers 7th day Sabbath but before we do I want us all to understand that no matter what your Pastor, Priest, Bishop, or Pope tells you my friends.. remember this..

There is no commandment found any where in the scriptures or in the 66 books that we now call our Bibles that you will find anywhere.. that commands us to keep Gods holy, sanctified, commanded 7th day Sabbath that he said would be a sign between him and us.. on the first day of the week.

It's not in there, and you can't find it.. and the reason you can't find it.. is because it's not in there.

The first day of the week Sunday Sabbath was not commanded by any High Priest, not by any Prophet, not by any Apostle, not by our Messiah, not by his Father, not by the Ruach Hakodesh, not by anyone.. anywhere.. in the scriptures!!

It's not in there, and you can't find it.. and the reason you can't find it.. is because it's not in there.

It is all built on man made, man created, man fabricated assumptions and speculations that men have built into Gods Word. And once again I must remind everyone of what we are commanded in Deuteronomy 4:2 and in Deuteronomy 12:32:

Deu 4:2 You shall not add to the word that I command you, nor take from it, that you may keep the commandments of the LORD your God that I command you.

Deu 12:28 Be careful to obey all these words that I command you, that it may go well with you and with your children after you forever, when you do what is good and right in the sight of the LORD your God.

Deu 12:29 "When the LORD your God cuts off before you the nations whom you go in to dispossess, and you dispossess them and dwell in their land,

Deu 12:30 take care that you be not ensnared to follow them, after they have been destroyed before you, and that you do not inquire about their gods, saying, 'How did these nations serve their gods?—that I also may do the same.'

Deu 12:31 You shall not worship the LORD your God in that way, for every abominable thing that the LORD hates they have done for their gods, for they even burn their sons and their daughters in the fire to their gods.

Deu 12:32 "Everything that I command you, you shall be careful to do. You shall not add to it or take from it.

Our Father does not want to be worshiped as the Pagans are.. or were worshiped. Our Father wants to be worshiped the way he commands us to worship him.. not how the Pagans command their people to worship them.

Now I'd like to bring to your attention some of the scriptures that men will try to use to get you to buy into the false doctrine of a 1st day of the week Sunday Sabbath.

Many of the men who continually follow after the doctrines of Catholicism while proclaiming not to be Catholic.. will assume that because the Apostles took up a collection on the first day of the week that this makes the 1st day of the week the Sabbath.

They will assume that because the Apostles gathered on the first day of the week that this makes the first day of the week the Sabbath.

The will assume that because Jesus rose on a Sunday that this makes the first day of the week the Sabbath.

They will assume that Jesus lied to us all.. when he said he did not come to abolish his fathers law or his prophets and that not the crossing of a “t” or the dotting of an “i” would pass from the law until Heaven and Earth passed away.. and all things were accomplished (Matthew 5:17-18)

Never understanding that the first day of the week would have been the only day that the Apostles would have had to all gather together.. because on the 7th day Sabbath they would have been in the Synagogues preaching and teaching the gospel message!

It would not have been until after the Sabbath that they could have possibly met or taken up an offering, or broken bread!

Our God given common sense is enough to tell us this much.

They will say that Jesus is my Sabbath rest and he is the Lord of the Sabbath so I don't have to keep the 7th day Sabbath of his Father.

Never understanding that the Word that our Messiah taught and practiced his whole life was not his Word but the Word of his Father:

Joh 12:48 The one who rejects me and does not receive my words has a judge; the word that I have spoken will judge him on the last day.

Joh 12:49 For I have not spoken on my own authority, but the Father who sent me has himself given me a commandment—what to say and what to speak.

Joh 12:50 And I know that his commandment is eternal life. What I say, therefore, I say as the Father has told me."

Joh 14:23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.

Joh 14:24 Whoever does not love me does not keep my words. And the word that you hear is not mine but the Father's who sent me.

What “Word” is our Messiah speaking of here? He's speaking of his Fathers Word.. his Fathers Word is his Word my friends.

Joh 7:16 So Jesus answered them, "My teaching is not mine, but his who sent me.

Joh 7:17 If anyone's will is to do God's will, he will know whether the teaching is from God or whether I am speaking on my own authority.

Joh 7:18 The one who speaks on his own authority seeks his own glory; but the one who seeks the glory of him who sent him is true, and in him there is no falsehood.

Yahshua our Messiah did not come preaching or teaching his own Word, or his own commandments, or his own doctrine, or his religion, or his man made hybrid religious system.

Our Messiah came preaching and teaching his Fathers Word, his Fathers commandments, his Fathers appointments, his Fathers precepts, and his Fathers Sabbaths. And just as he states very clearly in Matthew 5:17 and 18.. he did not come to change the crossing of a “T” or the dotting of an “i” of his Fathers law.

Now if he came to change is Fathers holy, sanctified, commanded 7th day Sabbath of rest that he said is a sign between he and us, and a perpetual agreement for all generations forever... that would be changing a whole lot of “T's” and “i's” don't you think?

And we can all read that for ourselves with out the help or assistance of a man who has more degrees than a thermometer hanging on his wall.

You can rest assured that according to scripture that when our Messiah said “If you love me you will keep my commandments” he was not talking about some new found commandments that he made up on his own.. he was talking about his Fathers commandments, and to this day not the crossing of a “T” or the dotting of an “i” has been removed from them.

Joh 14:10 Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works.

How many times does he have to say it my friends?

Yahshua did not come preaching his own Word, or another Law, or another Sabbath.. he came preaching and teaching and obeying his Fathers Word.. his Fathers Law.. his Fathers Sabbaths!

Why did Yahshua not raise on the 7th day Sabbath? Because he was honoring his Fathers 7th Day Sabbath and this is exactly why he waited to raise on the 1st day of the week!

Yahovah our Father is not amused with our assumptions, or our speculations. The love of God is not that man will assume what he wills.. but that he will obey the commandments of his father.

1Jn 5:2 By this we know that we love the children of God, when we love God and obey his commandments.

1Jn 5:3 For this is the love of God, that we keep his commandments. And his commandments are not burdensome.

2Pe 1:19 And we have the prophetic word more fully confirmed, to which you will do well to pay attention as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts,

*2Pe 1:20 knowing this first of all, that **no prophecy of Scripture comes from someone's own interpretation.***

2Pe 1:21 For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit.

So.. with that being said.. lets dig a little deeper into the commandments that surround our Fathers holy, sanctified, commanded 7th Day Sabbath, that is a sign between he and us, and a perpetual agreement for all our generations for ever.

GOING DEEPER INTO THE COMMANDMENT

Lets talk about some of the harder things to understand... things that constantly come up when debating how to keep the 7th day Sabbath of our Father.

It's important to remember that the 7th day Sabbath of our Father has been distorted and twisted not only by Catholicism and her daughter churches that claim to have nothing to do with her.. but they have also been distorted and twisted by the Jewish “Halakah” and “Talmud” which has made the 7th day Sabbath of our Father almost impossible to keep properly.

If we're going to understand how to keep our Fathers 7th day Sabbath.. looking to the Jew, may not be in our best interest if we're truly seeking the truth.

The Jewish “Halakah”, the “Talmud” and their “Talkenote”, and their man made, man created, man fabricated commandments of men are not in full compliance of our Fathers Torah and Tanakh any more than today's Christian academia is.

The Jewish Talmud is full of un-holy, misguided, misunderstood, assumptions and speculations of men and it should not be considered holy, or divine, or with out error. It is a man made, man created, man fabricated book, and no where is it ever called divine or inherent with in the scriptures.

Our own Messiah tells us exactly how he feels about the Jewish “Halakah” and their “Talmud” and their man made, man created, man fabricated nonsense in the 23rd chapter of Matthew and all through out his ministry.

If we're going to attempt to understand.. we must read the scriptures for ourselves.. and pray for his discernment to understand.

One of the most misunderstood, scriptures that men use to try and abolish Gods 7th day Sabbath can be found in Romans chapter 14 verse 5:

Rom 14:5 One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind.

But if they would only ready the very next verse down they would know that Romans 14 is all about Food and fasting. It has NOTHING to do with Gods 7th Day Sabbath. So don't let them lie to you my friends. Simply read the scripture for yourself and don't allow those who pick and choose their favorite candy stick scriptures try and fool you.

The very next sentence tells us this:

Rom 14:6 The one who observes the day, observes it in honor of the Lord. The one who eats, eats in honor of the Lord, since he gives thanks to God, while the one who abstains, abstains in honor of the Lord and gives thanks to God.

And we have a whole video teaching on Romans chapter 14 at our website under our “Holy Impact Teachings” tab entitled: “Understanding Romans 14” if you would like more information on this particular topic.

The whole chapter of Romans 14 is about food and fasting and nothing else and for those who read the whole chapter.. this is extremely evident.

Another scripture these candy stick scripture cultists love to use is Colossians 2:16 and 17:

Col 2:16 Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath.

Col 2:17 These are a shadow of the things to come, but the substance belongs to Christ.

Once again they completely take this scripture out of context. What Paul was talking about were the Gnostic's who taught that anything pleasurable to the body was a sin. They had their own food laws, their own festivals, new moons, and Sabbaths.. in fact almost every Pagan religion did.

Gnosticism and Nicolaitism were very closely intertwined in those days and their religion taught that it was bad to enjoy a feast or to do anything that made the body rest or be comfortable.

The Gnostics taught that it was a sin to handle, touch, or taste things that our God had already commanded was okay.

These Gnostics and Nicolaites were trying to destroy the gospel message that Paul had already preached to them. Paul was not telling them not to keep God's festivals, new moons or Sabbaths. He was telling them not to let the Gnostics or the Nicolaites judge them for keeping God's commandments concerning food and drink, and God's festivals, new moons, and Sabbaths.

All of God's feast days point to our Messiah, thus.. this is why Paul says:

Col 2:17 These are a shadow of the things to come, but the substance belongs to Christ.

We are supposed to practice these things because they are a shadow of the things to come. The spring Feast Days all point to our Messiah's first coming, and the fall Feast Days all point to his return, and this is why it's so important for God's people to keep them and to practice them. And this is what Paul was trying to tell them "the substance belongs to Christ the Messiah".

He is why we keep them. He is the reason.. we keep them.

The context for this chapter can be found in verses 20 through 23:

Col 2:20 If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations—

Col 2:21 "Do not handle, Do not taste, Do not touch"

Col 2:22 (referring to things that all perish as they are used)—according to human precepts and teachings?

Col 2:23 These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.

Notice in verse 22 this is all about HUMAN PRECEPTS AND TEACHINGS not God's precepts and teachings. God's commandments precepts and teachings are not human precepts and teachings.

God's commandments, precepts, and teachings are not a self-made religion my friends.. Paul is talking about the Pagan religions of Gnosticism and Nicolaitism.

Modern day Christianity has once again gotten it backwards. A little knowledge of history.. goes a long way.

Paul is not going to say “*Do we then overthrow the law by this faith? By no means! On the contrary, we uphold the law*” in Romans 3:31 and then turn around and tell the churches at Corinth and Galatia that they can just ignore the law and the commandments.

We have another teaching on this at our website at HolyImpactMinistries.com if you're interested in knowing more. Just look for the teaching entitled “Colossians 2:16-17”.

We need to know these things when our lost brothers and sisters try to justify their religious system by quoting such things that they clearly do not understand.

And most of the time they do not understand these things because they have allowed some man standing behind a pulpit who was anointed by man and not anointed by God to teach them these false doctrines.

Most of the time by reading the whole chapter.. one can easily throw these false man made doctrines to the ground, but once again my friends... this takes time and effort... time and effort is something that most Christians today don't want to be bothered with.

It's easier to just listen to their favorite Pastor cherry pick scriptures out of the Word of God to suit what they taught him in Seminary school, which taught him what ever their denominational charter of men wanted him to go out and preach, so that they could grow their own denominational charter.

Again men who are anointed by men and not anointed by God.. there is a difference my friends. Those who teach and preach another Gospel not found in scripture are teaching and preaching another Gospel... another Jesus.

I want us to hear with open ears what Paul said to the church at Corinth:

2Co 11:3 But I am afraid that as the serpent deceived Eve by his cunning, your thoughts will be led astray from a sincere and pure devotion to Christ.

2Co 11:4 For if someone comes and proclaims another Jesus than the one we proclaimed, or if you receive a different spirit from the one you received, or if you accept a different gospel from the one you accepted, you put up with it readily enough.

2Co 11:5 Indeed, I consider that I am not in the least inferior to these super-apostles.

2Co 11:6 Even if I am unskilled in speaking, I am not so in knowledge; indeed, in every way we have made this plain to you in all things.

How much more can Paul say? How much more of a warning could he have possibly given?

2Co 11:13 For such men are false apostles, deceitful workmen, disguising themselves as apostles of Christ.

2Co 11:14 And no wonder, for even Satan disguises himself as an angel of light.

2Co 11:15 So it is no surprise if his servants, also, disguise themselves as servants of righteousness. Their end will correspond to their deeds.

Here's what Paul told the church at Galatia:

Gal 1:6 I am astonished that you are so quickly deserting him who called you in the grace of Christ and are turning to a different gospel—

Gal 1:7 not that there is another one, but there are some who trouble you and want to distort the gospel of Christ.

Gal 1:8 But even if we or an angel from heaven should preach to you a gospel contrary to the one we preached to you, let him be accursed.

Gal 1:9 As we have said before, so now I say again: If anyone is preaching to you a gospel contrary to the one you received, let him be accursed.

Gal 1:10 For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ.

We have these warnings from Paul to these churches where he had already been, and he had already given the Gospel message to.. and already they were being led astray by these other “Super Apostles” as Paul calls them.

What does Paul say in 2nd Corinthians 11 verse 6?

2Co 11:6 Even if I am unskilled in speaking, I am not so in knowledge; indeed, in every way we have made this plain to you in all things.

Do you need to speak eloquently to preach the truth of Gods Word?

Do you need to speak in 16th century “Old English” to preach Gods Word?

Do you need to speak like “Shakespeare” to preach the truth of Gods Word?

Think on these things my friends. You don't have to be wearing an Armani suit and tie, wearing patent leather shoes or be carrying a leather bound Bible, and have a two hundred dollar hair cut to preach the truth of the Gospel message of our Messiah.

When they try and tell you Gods holy, sanctified, commanded 7th day Sabbath that is a sign between us and our Father and a perpetual agreement for all of our generations is on Sunday.. you be sure to let them know that what is coming from their lips is nothing more than a man

made, man created, man fabricated... lie.

Contend for the faith and stand for the truth of Gods Word, and force them to read you the 1st day of the week Sunday Sabbath commandment. Force them to tell you where it's found... force them to acknowledge their mistake and don't let go of what you've been given.

Stand your ground and make them show you why they believe what they believe.

So how about buying or selling on the 7th day Sabbath? What does the scripture tell us about these kinds of things? Here's what the prophet Nehemiah had to say about buying and selling on the Sabbath:

Neh 13:16 Tyrians also, who lived in the city, brought in fish and all kinds of goods and sold them on the Sabbath to the people of Judah, in Jerusalem itself!

Neh 13:17 Then I confronted the nobles of Judah and said to them, "What is this evil thing that you are doing, profaning the Sabbath day?"

Neh 13:18 Did not your fathers act in this way, and did not our God bring all this disaster on us and on this city? Now you are bringing more wrath on Israel by profaning the Sabbath."

According to Nehemiah it's wicked, and buying or selling on the Sabbath profanes the Sabbath day of our Father in Heaven.

How about cooking on the Sabbath day?

Exo 16:23 he said to them, "This is what the LORD has commanded: 'Tomorrow is a day of solemn rest, a holy Sabbath to the LORD; bake what you will bake and boil what you will boil, and all that is left over lay aside to be kept till the morning.'"

Now clearly this is when God rained down mana from Heaven, but once again our Father does not want us cooking 4 course meals in the kitchen on the Sabbath day. Not to say that theirs anything wrong with warming things up in a microwave, or getting things out of the refrigerator.

We must remember that cooking back in those days required that wood be cut, and split, it required getting kindling, starting a fire, and so on and so fourth. It was nothing like today where we simply turn on a switch or turn a dial. Remember.. they did not have ovens back in those days, so preparing a meal was a much bigger ordeal than it is today, and most of what they made was made from freshly killed animals remember they did not have refrigerators back then, so cooking a meal also meant that you had to slaughter the animal and prepare it for cooking.

Things are much different today.. but with that in mind.. we need to remember that we should not allow mom to be slaving in the kitchen all day on the Sabbath.

Lets move on to kindling a fire on the Sabbath day. We're commanded to not kindle a fire in our dwelling places on the Sabbath day:

Exo 35:2 Six days work shall be done, but on the seventh day you shall have a Sabbath of solemn rest, holy to the LORD. Whoever does any work on it shall be put to death.

Exo 35:3 You shall kindle no fire in all your dwelling places on the Sabbath day."

Now.. this scripture seems to say that you can not have a fire in your house on the Sabbath day. But it makes no sense that our Father would want people in Alaska or in other colder climates in the winter time to go with out heat and freeze to death over night does it?

So as we seek to understand this commandment.. it's important to ask why we can't kindle a fire in our dwellings on the Sabbath.

First of all building a fire from scratch is a lot of work. You need to gather the wood, cut the wood, split the wood so it fits in your fireplace, gather enough kindling to get it started, click rocks together or work to get a spark of some kind and so on and so fourth. Remember they did not have Bic lighters back then.

Lets take a look at a scripture where a man is gathering wood on the Sabbath day:

Num 15:32 While the people of Israel were in the wilderness, they found a man gathering sticks on the Sabbath day.

Num 15:33 And those who found him gathering sticks brought him to Moses and Aaron and to all the congregation.

Num 15:34 They put him in custody, because it had not been made clear what should be done to him.

Num 15:35 And the LORD said to Moses, "The man shall be put to death; all the congregation shall stone him with stones outside the camp."

Num 15:36 And all the congregation brought him outside the camp and stoned him to death with stones, as the LORD commanded Moses.

Now.. I want us to go back and take a closer look at this commandment about fire. What exactly does it say?

Exo 35:3 You shall kindle no fire in all your dwelling places on the Sabbath day."

So it's okay to have a fire if I'm camping.. just not in my dwelling place. It does not say that you can't have a fire any place else.. it just says that I can't have one in your dwelling place.

So whats the difference between anywhere else and my dwelling place?

In those day's fire was used for work. It was used to boil food, it was used to melt metals, it was used for sterilization, it was used for all kinds of work. And what is the context of the 7th day Sabbath of our Father? It is not to “work” is it not?

So just like cooking should be done the day before the Sabbath.. so too should the wood have been gathered for any fire that you may have for the Sabbath to keep warm.

You see there's a difference between using a fire for work and using a fire for heat isn't there?

If you live a place where you need to have a fire for warmth.. make sure you gather all of your wood and kindling before the Sabbath and have it in your fireplace before the Sabbath so that no work is required to start that fire. Just like preparation for cooking.. so too the preparation for a fire should have already been done before the Sabbath. And the fire you light should not be used for work.

It's not the fire that we should be focusing on, but rather the “work” that the fire is used for. The whole idea of Gods 7th day Sabbath is to not “work”. Do as little as possible and refrain from any kind of “work”.

The relationship between fire and work was much more predominant back thousands of years ago than it is today.

A fire would be built for one of two reasons.. one was work.. and the other would be warmth. Thus.. do not kindle a fire in your dwelling places for work. The key word is “work” when we're talking about the Sabbath Day.. it is a day of rest.

Today often times to start a fire all we have to do is push a button. But back then to start a fire was a whole different set of tasks that led up to kindling a fire.

Now with all of that being said.. there is one other way to interpret this commandment. I have heard that some believe that this commandment means not to be angry or to start a conflict in your home on the Sabbath.

This may be the case, but never the less.. we should not be working to gather wood, chop wood, split wood, and pack our fireplaces with kindling on the Sabbath day for a fire that we're going to use for work. Either way you look at it.. the idea is to not “work” on the Sabbath.

Make your preparation day Friday the day before the Sabbath and get things in order so that you don't have to work on the Sabbath and this will greatly increase our ability to rest on our Fathers holy, commanded, sanctified, 7th day Sabbath.

There are always going to be people who will look to find ways to not keep the 7th day Sabbath of our Father. And there will always be people who will always be trying to “out Sabbath” their neighbor.

In the end the importance of our Fathers Sabbath is that it indeed is a sign between him and us, and that he wants us to rest. And just like all of the other laws of our Father... with them comes blessings and curses. Blessings if we keep them and walk in his ways, and curses if we choose to go our own way and do our own thing.

Isa 58:13 "If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the LORD honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly;

Isa 58:14 then you shall take delight in the LORD, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the LORD has spoken."

There is one thing that I want to make abundantly clear here today, and that is this.. I am not the authority on what you are allowed or not allowed to do on the 7th day Sabbath of God our Father. He is.

With each passing Sabbath we are all learning new things, and understanding new things that our Father has given us to put to practice, but I am absolutely sure that if we are all reading the same scriptures, and if we are all willing to put our per-concieved assumptions and speculations aside.. and if we all ask the same God, the same Father, the same savior, the same Ruach Hakodesh for the same discernment to understand.. we will all eventually come to the same conclusion.

Take the time to read the scriptures for yourself.. to meditate on these things... to contemplate these things. Spend some time alone asking him for the understanding that he wants to give you, and then act on what it is that you have been given.

And above all remember.. we will all be judged on our own merits, and not the merits of our Pastors, Priests, Bishops, or Popes.

This 7th Day Sabbath.. Work out your salvation with fear and trembling.